



The Effects of Ageism on Employment and Retirement

Many people are, or will be, struggling with the effects of ageism on their employment opportunities, and relatedly, on their ability to fund their retirements. Janine Vanderburg and Elizabeth White have both experienced and studied ageism. In this series, they'll discuss the negative effects of ageism and provide solutions for addressing ageism.

Rethinking Aging with Janine Vanderburg

Tuesday, Sept. 28 • 6:30-7:30 p.m.

Library OnDemand

Janine Vanderburg, Initiative Director at Changing the Narrative, is a driving force in changing the way people think, talk and act about aging and ageism. In this lecture, Janine will share her experiences and commitment to leveraging the talents of people of all ages to benefit community. Janine currently chairs the Encore Network Leadership Council. Her favorite saying: "We are the leaders we are looking for." Janine will lead a call-to-action workshop on advocacy letter writing on Saturday morning, Oct. 2.



55, Underemployed, and Faking Normal with Elizabeth White

Thursday, Sept. 30 • 6:30-7:30 p.m.

Library OnDemand

Too many of us find ourselves approaching or in retirement without adequate savings, due to a variety of circumstances beyond our control. Elizabeth White, author of *55, Underemployed, and Faking Normal*, is an aging solutions advocate for older adults facing uncertain work and financial insecurity. She will discuss solutions to help people of all ages cope with and address job loss, underemployment and financial concerns. Elizabeth White will lead a workshop on building Resilience Circles for the under or unemployed on Saturday morning, Oct. 2. The first 50 registrants of this program will receive a free copy of her book.

Build Your Resilience Circle with Elizabeth White

Saturday, Oct. 2 • 9-10 a.m.

Zoom

In this workshop, Elizabeth White will lead participants through questions to help identify trustworthy community members with whom to form Resilience Circles. Participants will walk away with the tools to form their own Resilience Circle support groups, where members can support each other and discuss issues related to aging and living a good life on a limited income. Before attending the workshop, we recommend watching *55, Underemployed, and Faking Normal with Elizabeth White* in Library OnDemand or reading the book.



Advocacy Letter Writing with Janine Vanderburg

Saturday, Oct. 2 • 10:30-11:30 a.m.

Zoom

In this workshop, Janine Vanderburg will explain how to write powerful, compelling and individualized letters to elected officials, editors and community influencers. This call to action is a follow up to Vanderburg's Sept. 28 lecture on Rethinking Aging.